



# 2018 MSR Retreat

14<sup>th</sup> – 17<sup>th</sup> August, 2017

## The Retreat

The MSR Retreat is held each year after the AOM annual meeting. It is a unique opportunity for reflection, learning, and community building, specifically designed for MSR members, spouses, colleagues, and friends.

The MSR Retreat is co-created and pluralistic. The intention is to explore practices from a variety of sacred, spiritual and psychological traditions based on the interests of participants.

In 2018 we will draw on the principles and process of Appreciative Inquiry (Cooperrider & Whitney, 2008) and Open Space Technology (Owen, 2008) to construct much of our time together. We will also continue the tradition of encouraging retreat participants to contribute to the program. In the past this has generally been 30-120 minutes in which a participant shares something of their teaching and/or sacred-tradition practice(s) (i.e. yoga, meditation process, classroom activity, discussion-facilitation, singing etc.).

## The Details

**Dates:** Aug 14<sup>th</sup> – 17<sup>th</sup> 2018  
Commencing after AOM on Tuesday  
Concluding around 1:00 on Friday

**Where:** La Salle Manor  
12480 Galena Road  
Plano, Illinois 60545

**Cost:** **\$350 USD per person**  
Includes program fees,  
accommodation, meals and  
transportation to the venue.

**Cancellation:** Cancellations received before 15 June 2018 will receive a refund less a small administrative fee of \$15. Because we need to commit to the venue, cancellations after this date will receive a refund **ONLY** if a **replacement registration can be found.**

## Questions?

For more information, please contact:  
[stacie.chappell@wne.edu](mailto:stacie.chappell@wne.edu)

## The Rhythm of Our Time

We will gather on Tuesday evening after the conclusion of the AOM meeting. Participants will depart from the “MSR hotel” late-afternoon on Tuesday in order to arrive in time to settle into their surroundings, greet one another, and share a light meal before we begin our retreat activities.

The daily rhythm will include time for: prayer, worship, meditation, journaling, silence, small and large group sharing, and presentations. Free time is built into the rhythm of our days.

## The Venue

The 2018 MSR Retreat will be held at La Salle Manor Retreat Center – a beautiful facility located on 47 acres in rural Plano, Illinois.

La Salle Manor is a sacred place for anyone who seeks serenity, a deepened faith, or greater understanding of themselves in a beautiful natural setting.



## Register Early

Registration **will open in March 2018** on the AOM website:

<https://safe.aom.org/events/registration.aspx?event=MSR2018&expand=true&intent=msr>

Because of the limited space, people will be registered for the Retreat on a “first come, first served” basis. Space is strictly limited to 30 participants.